

# URGENT CARE FACILITIES IN THE HIGH DESERT

## FOUR SIMPLE STEPS WHEN USING URGENT CARE FACILITIES.

1. You should seek care from an urgent care center when you have a medical condition that is not an emergency but requires medical attention that cannot be delayed without seriously jeopardizing your health.
2. You should go to an urgent care provider when you need non-emergency care the same day you cannot make an appointment with your Personal Physician. In such instances, you are encouraged to use an urgent care provider rather than a hospital emergency room to minimize your healthcare costs.
3. You should not use an urgent care provider in place of seeing your Personal Physician. Whenever possible, you should check first with your Personal Physician before contacting an urgent care provider.
4. If you have an emergency condition that requires immediate care, go to the closest emergency room or call **911**.

*If you have an HMO or POS plan and you are assigned to a medical group; please use their contracted Urgent Care Facility.*

**GUARDIAN MEDICAL ASSOCIATES, IPA**

Apple Valley Urgent Care  
16003 Tuscola Rd., Ste H  
Apple Valley, CA 92307  
**(760) 242-8400**  
7 Days a Week- 9 am to 9 pm

**HIGH DESERT PRIMARY CARE MEDICAL GROUP**

High Desert Primary Care Medical Group Urgent Care 17095 Main Street Hesperia, CA <b>(760) 948-6606</b> 3 am – 8 pm	High Desert Primary Care Medical Group Urgent Care 12550 Hesperia Rd., #100 Victorville, CA 92392 <b>(760) 241-6666</b> 3 am – 8 pm
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**HERITAGE VICTOR VALLEY MEDICAL GROUP**

Big Bear Urgent Care 41949 Big Bear Blvd. Big Bear Lake, CA 92315 <b>(909) 878-3696</b> M-F 12:00 pm – 6 pm Sat 10 am-5 pm Sun 10 am-2 pm	Dr. Mike’s Walk-In Clinic 12413 Navajo Road Apple Valley, CA 92307 <b>(760) 240-1144</b> Every day from: 7:30am - 8 pm
Dr. Mike’s Walk-In Clinic 15971 Bear Valley Road Hesperia, CA 92345 <b>(760) 949-1231</b> 24 Hours – 7 Days a Week	Dr. Mike’s Walk-In Clinic 716 E. Main Street Barstow, CA 92311 <b>(760) 256-6426</b> 24 Hours – 7 Days a Week
Family Practice Associates 11919 Hesperia Rd. Hesperia, CA 92345 <b>(760) 948-1454</b> M-F 8am-8 pm Sat & Sun 9am-5pm	Dr. Mike’s Walk-In Clinic Silver Lakes 15063 Vista Rd. #B-6 Helendale, CA 92342 <b>(760) 952-2000</b> 24 Hours – 7 Days a Week

**ST. MARY CHOICE MEDICAL GROUP**

Dr. Mike’s Walk-In Clinic 12413 Navajo Road Apple Valley, CA 92307 <b>(760) 240-1144</b> Every day from: 7:30am - 8pm	Dr. Mike’s Walk-In Clinic 15971 Bear Valley Road Hesperia, CA 92345 <b>(760) 949-1231</b> 24 Hours – 7 Days a Week
Dr. Mike’s Walk-In Clinic 716 E. Main Street Barstow, CA 92311 <b>(760) 256-6426</b> 24 Hours – 7 Days a Week	Friendly Medical Center 15462 Main Street Hesperia, CA 92345 <b>(760) 949-7000</b> 2 pm – midnight
Dr. Mike’s Walk-In Clinic Silver Lakes 15063 Vista Rd. #B-6 Helendale, CA 92342 <b>(760) 952-2000</b> 24 Hours – 7 Days a Week	<p><b>FOR OTHER AREAS:</b> Please check with your Personal Physician for a facility that will best service your needs.</p>

Joseph Ho, M.D.  
14335 Hesperia Rd., #113  
Victorville, CA 92395  
**(760) 962-1028**  
M-F 9am-8pm  
Sat 9am-2pm, Closed Sun

**VICTOR VALLEY IPA**

Joseph Ho, M.D.  
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Victorville, CA 92395  
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**MOUNTAIN COMMUNITIES**

**Lake Arrowhead BSC Admin.**  
There are no Blue Shield Urgent Care Providers in Blue Jay, Crestline, Lake Arrowhead, or Running Springs. Please use the Emergency Room at either Mountains Community Hospital or Bear Valley Community Hospital.

*\*Times, dates, & locations are subject to change.*

*(The above information was approved by Blue Shield of California)*